

Nurses Office Guidelines

The school nurse will be on campus during school hours each day and will be on call during after school care until 6:00 pm.

When to stay home

Students should be kept at home for the following reasons:

- Student has tested positive for any communicable disease including: COVID-19, influenza (flu), strep throat, chicken pox, diarrhea illness, fifth disease, hepatitis A, hepatitis B, human immunodeficiency virus, impetigo, infectious mononucleosis, measles, mumps, head lice, pink-eye, ringworm, rubella, scabies, strep throat, tuberculosis, or whooping cough
- Student is experiencing any of the symptoms listed below:
 - Fever - a temperature of 100.0°F or higher without the use of fever reducers
 - A low-grade fever or temperature less than 100.0°F **with** other symptoms
 - Persistent cough or a child that is unable to cover mouth during coughing
 - Shortness of breath
 - Chills
 - Generalized body aches or muscle pain
 - Severe sore throat or white patches visible upon inspection
 - Headache with other associated symptoms
 - Loss of taste or smell
 - Severe cold symptoms including copious nasal drainage
 - Active vomiting or diarrhea
 - Eyes that are red, swollen or draining
 - Undiagnosed, new, and untreated rash or skin condition
 - **The first 24 hours after beginning of antibiotic treatment**

COVID-19 Quarantine & Isolation Guidelines

Quarantine and isolation recommendations from the *CDC Recommendations for Cases and Contacts* will be used as guidelines for COVID-19 cases and contacts at school.

Parents should contact the school nurse before sending students to school for the following reasons:

- Student has been exposed to someone that has tested positive for COVID-19.
- Household contact has tested positive for COVID-19

When to Return to School

School Nurse should be notified prior to faculty or student's return to school.



- Vomiting or diarrhea - 24 hours after last episode.
- Fever - 24 hours fever-free without the use of fever-reducing medications such as Acetaminophen (Tylenol) or Ibuprofen (Motrin or Advil).
- Antibiotic therapy for a full 24 hours for bacterial infections.
- Cold symptoms are mild enough so as not to interfere with participation in school activities or infect others.
- Doctor's note of clearance upon request from the school nurse

All communicable illnesses will be handled according to the Memphis & Shelby County Health Department Recommendations for Handling Cases of Communicable Disease in School and CDC Recommendations for Cases and Contacts.

Medications

Medication should be administered at home whenever possible. Once or twice daily medications will not be administered during school hours. If medication must be administered at school, parents are required to sign a medication authorization form and present the medication in its original labeled container.

Over the Counter Medications

- Pain relievers, such as Acetaminophen (Tylenol), Ibuprofen (Advil and Motrin), and Naproxen Sodium (Aleve), will only be administered with written permission from parents. Non-pharmacological methods will be tried first and if symptoms persist, a parent will be asked to come pick up the student for the remainder of the school day.
- Over the counter (OTC) medication will ONLY be dispensed by the school nurse when a parent brings the medication in the original medication container labeled with the child's name and date to the nurse. The medication should be brought on the day it is to be administered or with specific dates and/or conditions under which the medication is to be administered (i.e., migraine headaches).
- The parent must fill out a Medication Authorization Form that will be kept on file in the nurse's office.

Prescription Medications

- Prescription medications will only be administered to children whose parents have completed a Medication Authorization Form.
- Medication must be in the original, pharmacy-labeled container.
- Students with nebulizer aerosol treatments will be asked to provide inhalers with spacers as an alternative due to the potential spread of COVID-19.