

WOODLAND PRESBYTERIAN SCHOOL

Blast Camp - School Health Office Policies

The purpose of this policy is to outline the Woodland Presbyterian School's Health Office Summer Camp guidelines and re-opening of campus after the COVID-19 pandemic. These CDC guidelines have been carefully considered and adapted to address and promote the safety, health, and welfare of our campers, faculty, and community. Criteria may become more or less restrictive depending on most current guidelines.

To help us track illness in our school, please contact Murrey Enterline at blast@woodlandschool.org and the camp nurse's office if your camper is going to be absent or check-in late each day. You may email the camp nurse at nurse@woodlandschool.org.

Please provide the camp nurse with parent contact numbers as well as approved persons to pick up your camper in case of illness or emergency. Depending on the severity of the illness or injury, the camp nurse will contact an emergency contact for the child if unable to reach the child's parent(s) first. **Camper must be picked up within thirty minutes of parent contact for the safety of our faculty and other campers.**

When to stay home

Faculty and campers should be kept at home with any of the following symptoms regardless of diagnosis of COVID-19. Any campers presenting to school with the following symptoms will be isolated and sent home. We ask that you do NOT medicate your student with fever reducing medications prior to camp. This includes Acetaminophen (Tylenol), Ibuprofen (Advil and Motrin), and Naproxen Sodium (Aleve).

- Fever - a temperature of 100° or higher without the use of fever reducers
- A low-grade fever or temperature less than 100° **with** other symptoms
- Persistent cough or a child that is unable to cover mouth during coughing
- Shortness of breath
- Chills
- Generalized body aches or muscle pain
- Severe sore throat or white patches visible upon inspection
- Headache with other associated symptoms
- Loss of taste or smell
- Severe cold symptoms including copious nasal drainage
- Active vomiting or diarrhea
- The first 24 hours after beginning of antibiotic treatment
- Eyes that are red, swollen or draining
- Undiagnosed, new, and untreated rash or skin condition

When to Return after COVID-19

Camp nurse must be notified prior to faculty or camper's return to school to discuss re-entry plan.

If faculty or camper is diagnosed with COVID-19 through positive laboratory confirmed testing, return to school may occur after:

- Negative results of laboratory confirmed testing for COVID-19 from at least two consecutive upper respiratory swab specimens collected ≥ 24 hours apart. (total of two negative specimens).
- Swabbing facility and/or healthcare provider has approved release from self-isolation and provides a written clearance from healthcare provider for return to school.

If diagnosed with COVID19, without positive test and/or symptoms, return to school may occur:

- At least 5 days have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications AND
- Improvement in respiratory symptoms (e.g., cough, shortness of breath); AND
- At least 7 days have passed *since symptoms first appeared*.

When to Return - Other Illnesses

Camp nurse must be notified prior to camper's return for approval.

- Vomiting or diarrhea - 72 hours after last episode.
- Fever - 72 hours fever-free without the use of fever-reducing medications such as Acetaminophen (Tylenol) or Ibuprofen (Motrin or Advil).
- Antibiotic therapy for a full 24 hours for bacterial infections.
- Cold symptoms are mild enough so as not to interfere with participation in school activities or infect others.
- Doctor's note of clearance upon request from camp nurse.

If a Camper Becomes Ill while at Camp

Camp nurse should be used for sick or injured children. General first aid, including superficial cuts, scrapes, and insect bites, can be cared for in the classroom with supplies from first aid bag.

- Camp nurse will be available from 7:30am-2:30pm each day.
- If a camper presents with signs and symptoms associated with an infectious disease process, the camp nurse will isolate the student in the nurse's office until the parent arrives.
- Upon arrival, the parent will call the front desk and the camper will be escorted to the parent's car with the camp nurse to be signed out.
- Further instructions on when to return to camp will be provided by the camp nurse based on the school's policy and the nurse's clinical judgement.

Medications

Medication should be administered at home whenever possible. Once or twice daily medications will not be administered during camp hours. If medication must be administered at school, parents are required to sign a medication authorization form and send the medication in its original labeled container.

Over the Counter Medications

- Due to COVID-19 symptoms, as needed OTC medications that also reduce fevers will be not be administered. This includes Acetaminophen (Tylenol), Ibuprofen (Advil and Motrin), and Naproxen Sodium (Aleve). Non-pharmacological methods will be tried first and if symptoms persist, parent will be asked to come pick student up for the remainder of the camp day.
- Over the counter (OTC) medication will ONLY be dispensed by the camp nurse when a parent brings the medication in the original medication container labeled with the child's name and date to the nurse. The medication should be brought on the day it is to be administered or with specific dates and/or conditions under which the medication is to be administered (i.e. migraine headaches).
- The parent must fill out a Medication Authorization Form (available here or in the nurse's office) that will be kept on file in the nurse's office.

Prescription Medications

- Prescription medications will only be administered by the camp nurse to children whose parents have completed a Medication Authorization Form (available here or in the nurse's office).
- Medication must be in the original, pharmacy-labeled container.
- Changes in prescription medications need written authorization from the licensed prescriber and parent. Changes can include but are not limited to time, dose, addition, discontinuation, etc. Changes will be documented on the Medication Authorization form by the school nurse and initialed by the parent.